

Transition Resource Sheet for Students with Disabilities

Purpose: Support youth and families to make informed decisions about transition services for students with disabilities.
This transition resource sheet is to be shared with youth prior to and during 504/IEP meetings (ages 13/14 to 18/21).

Click each link below to visit the resource, or visit an accessible version by navigating to tinyurl.com/KYTPRS or scanning the QR code.



Transition Planning TOP THREE RESOURCES



[Univ. of KY Human Development Institute \(UK HDI\) Employment Checklists](#)

[KY-SPIN Youth & Adults Suite](#)

[Vocational Rehabilitation \(VR\) Transition Services for Students](#)

Advocacy/Self-Determination/Self-Advocate

[Learn About Self Advocacy](#) [Enhancing Self Determination at Home](#) [Curriculum for Self Advocates](#) [Self Advocacy- KY SPIN](#)



Assistive Technology/Communication



[KATS Network: AT Centers, Lending Library](#)

[HDI Courses in Communication](#)

[Augmentative & Alt Communication](#)

[KY Assistive Technology Loan Corporation](#)

Autism



[The Meaning of Self Advocacy](#)
[Autistic Women and Nonbinary Network](#)

[Autistic Self Advocacy Network](#)
[Kentuckiana Autistic Spectrum Alliance](#)

Behavioral Health & Crisis

[Find Help Now KY](#) [KY Crisis Prev and Response Services](#)

[KY Children's Mental Health](#) [988 Suicide & Crisis Lifeline](#)



Benefits and Impact of Work on Benefits

[Medicaid Waivers](#) [Working While Disabled](#)

[KY Benefits-kynect](#) [Disability Benefits 101](#)

Blind or Visually Impaired



[KY School for Blind Charitable Foundation](#)
[National Federation of the Blind of KY](#)
[Kentucky Council of the Blind](#)
[American Printing House for the Blind](#)

Deaf or Hard of Hearing

[KY Deaf & HH Services](#)
[KY Hands and Voices](#)
[Deaf Self-Advocacy Training Toolkit](#)
[Center for Parent Info and Resources](#)

[Deaf & HH Services - VR](#)
[Described & Captioned Media Program](#)

Deaf-Blind

[Helen Keller National Center](#) [KY Deaf Blind Project](#) [National Center on Deaf-Blindness](#) [Blind Services - VR](#)

Education



[Students - KYPSO](#) [Transition Overview for Families](#)
[Transition Resources KDE](#) [Transition IEP Goals - KY-SPIN](#)

Employment

[Employment First in Kentucky](#)
[Employment - KY-SPIN](#) [SSI when turning 18](#)
[10 Things Stud. w/Disabilities Need to Know ab. VR](#)



Transition Resource Sheet for Students with Disabilities

Employment Accommodations and Executive Function

[JAN - Job Accommodation Network](#) [Fact sheets & Brochures – ISAW](#) [Executive Functioning - ISAW](#) [Executive Function - KY-SPIN](#)

Financial Aid (Post-secondary)



[College Funding Stud. w/Disabilities](#)
[Career One Stop Get My Future](#)

[Think Higher. Think College.](#)
[Affordable Colleges Online](#)

Health Care



[Healthcare- KY SPIN](#)
[Transition to Adulthood Guide-ASAN](#)

Housing

[KY Housing Corporation](#) [Housing Programs: HH Coalition of KY](#) [Housing - KY-SPIN](#) [Kentucky Resource Guide: KHC](#)

Independent Living

[KY Centers for Independent Living](#) [Hart-Supported Living: DAIL](#) [Hart-Supported Living: HDI](#) [Daily Living Skills: KY-SPIN](#)

Money Management



[IRS Understanding Your Taxes](#)

[Managing Your Money - KY-SPIN](#)

[FDIC Money Smart: Fin. Ed. Prog.](#)

[STABLE Kentucky](#)

Nutrition



[USDA MyPlate for Teens](#)

[Eat Right for Teens](#)

Parent/Caregiver Resources

[Protection & Advocacy Res.](#) [Tips to Support Teen Grad.](#) [KDE Parent & Family Rights](#) [Center for Parent Info. and Res.](#)

Resource Guides



[Aging & Disability Resource Center - DAIL](#)
[Kentucky Disability Resource Guide](#)

Safety

[Online Safety - KY-SPIN](#)

[FBI Safe Online Surfing](#)

[Be Internet Awesome: Safety Prg.](#)

[School Safety Issues: KCSS](#)

Supported Decision Making & Guardianship



[Guardianship & Alternatives - KY-SPIN](#)
[Guardianship & Alternatives in KY P&A](#)
[Supported Decision Making - KY-SPIN](#)
[My Choice Kentucky \(SDM\)](#)

Transportation



[Transportation Initiative](#)
[Transportation - KY-SPIN](#)

Transition Planning

[Transition - KY-SPIN](#) [Students & Youth - PACER Center](#) [Charting the Life Course](#) [It's My Choice - MN](#)

Voting

[Voting - KY-SPIN](#) [KY-SPIN's Voting Plan](#) [Voting with a disability – Federal](#) [Voters with Disabilities- KY State Bd.](#)

Please complete the [Transition Resource Sheet Survey](#)