Established/Evidenced-based Practices for Young Children with Autism Spectrum Disorder

Identified by the National Autism Center and National Professional Development Center on ASD

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| **Identified as an Evidence-based Practice by at NPDC or Established practice by NAC** | | |
|  | **NPDC** | **NAC** |
| Antecedent based interventions | X | X (Behavioral Interventions) |
| Behavioral Interventions |  | X |
| Comprehensive behavioral treatment |  | X |
| Differential reinforcement of Alternate/Incompatible.Other behaviors | X | X (Behavioral Interventions) |
| Discrete Trial Training | X | X (Behavioral Interventions) |
| Exercise | X |  |
| Extinction | X | X (Behavioral Interventions) |
| Functional Behavior assessment | X | X (Behavioral Interventions) |
| Functional Communication Training | X |  |
| Language Training (Production) |  | X |
| Modeling | X | X |
| Naturalistic Interventions | X | X |
| Parent Implemented Interventions | X | X |
| Peer-mediated instruction | X | X |
| Picture Exchange Communication System | X |  |
| Pivotal Response Training | X | X |
| Prompting | X | X (Behavioral Interventions) |
| Reinforcement | X | X (Behavioral Interventions) |
| Response interruption/redirection | X | X (Behavioral Interventions) |
| Scripting | X | X |
| Self management | X |  |
| Social narratives | X | X |
| Social skills training | X |  |
| Task analysis | X | X (Behavioral Interventions) |
| Technology-aided instruction | X |  |
| Time delay | X | X (Behavioral Interventions) |
| Video modeling | X | X (Behavioral Interventions) |
| Visual supports | X | X (schedules) |
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| **Unestablished Interventions Reviewed by NPDC or NAC**  Aided Language Modeling  Animal-assisted therapy  Auditory integration therapy  Behavioral Momentum  Collaborative Coaching  Concept Mapping  Cooperative Learning Groups  DIR/Floor Time  Direct Instruction  Exposure  Facilitated communication  Gluten-free/Casein Free diet  Handwriting without Tears  Independent work systems  Joint-Attention-symbolic play Instruction  Movement-based intervention  Music therapy  Music Intensity  Reciprocal Intervention Training  Gradual Removal of Restraints  Schema-based strategy instruction  Self-regulation strategy development Writing intervention  Sensory diets  Sensory Intervention Package  Sentence combining techniques  Social behavioral learning strategy  Social cognition Intervention  Social Thinking Intervention  Theory of Mind Training  Touch-point instruction  Touch therapy | | |