Established/Evidenced-based Practices for Young Children with Autism Spectrum Disorder

Identified by the National Autism Center and National Professional Development Center on ASD

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| **Identified as an Evidence-based Practice by at NPDC or Established practice by NAC** |
|  | **NPDC** | **NAC** |
| Antecedent based interventions | X | X (Behavioral Interventions) |
| Behavioral Interventions |  | X |
| Comprehensive behavioral treatment |  | X |
| Differential reinforcement of Alternate/Incompatible.Other behaviors | X | X (Behavioral Interventions) |
| Discrete Trial Training | X | X (Behavioral Interventions) |
| Exercise | X |  |
| Extinction  | X | X (Behavioral Interventions) |
| Functional Behavior assessment | X | X (Behavioral Interventions) |
| Functional Communication Training | X |  |
| Language Training (Production) |  | X |
| Modeling | X | X |
| Naturalistic Interventions | X | X |
| Parent Implemented Interventions | X | X |
| Peer-mediated instruction | X | X |
| Picture Exchange Communication System | X |  |
| Pivotal Response Training | X | X |
| Prompting | X | X (Behavioral Interventions) |
| Reinforcement  | X | X (Behavioral Interventions) |
| Response interruption/redirection | X | X (Behavioral Interventions) |
| Scripting | X | X |
| Self management | X |  |
| Social narratives | X | X |
| Social skills training  | X |  |
| Task analysis | X | X (Behavioral Interventions) |
| Technology-aided instruction | X |  |
| Time delay | X | X (Behavioral Interventions) |
| Video modeling | X | X (Behavioral Interventions) |
| Visual supports | X | X (schedules) |
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| **Unestablished Interventions Reviewed by NPDC or NAC**Aided Language ModelingAnimal-assisted therapyAuditory integration therapyBehavioral MomentumCollaborative CoachingConcept MappingCooperative Learning Groups DIR/Floor TimeDirect InstructionExposureFacilitated communicationGluten-free/Casein Free dietHandwriting without TearsIndependent work systemsJoint-Attention-symbolic play InstructionMovement-based interventionMusic therapyMusic Intensity Reciprocal Intervention TrainingGradual Removal of RestraintsSchema-based strategy instructionSelf-regulation strategy development Writing intervention Sensory diets Sensory Intervention PackageSentence combining techniquesSocial behavioral learning strategySocial cognition InterventionSocial Thinking InterventionTheory of Mind TrainingTouch-point instructionTouch therapy |